

JANUARY

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JANUARY

Cervical Health Awareness Month	
National Birth Defects Prevention Month	
National Blood Donor Month	
National Glaucoma Awareness Month	
Thyroid Awareness Month	
National Activity Professionals Week	17-23
National Healthy Weight Week	17-23
National Nurse Anesthetists Week	24-30
National Medical Group Practice Week	25-29
National Pharmacist Day	12
National IV Nurse Day	25
Women's Healthy Weight Day	28

FEBRUARY

AMD/Low Vision Awareness Month	
American Heart Month	
National Cancer Prevention Month	
National Children's Dental Health Month	
National Senior Independence Month	
Wise Health Consumer Month	
National Burn Awareness Week	7-12
Congenital Heart Defect Awareness Week	7-14
Cardiovascular Professionals Week	14-19
National Cardiac Rehabilitation Week	14-19
Duchenne Muscular Dystrophy Awareness Week	13-19
National Wear Red Day	4
World Cancer Day	5
National Donor Day	14

MARCH

American Red Cross Month	
Brain Injury Awareness Month	
Hemophilia Month	
National Colorectal Cancer Awareness Month	
National Eye Donor Month	
National Kidney Month	
National Nutrition Month	
National Poison Prevention Month	
National Professional Social Work Month	
Save Your Vision Month	
National MS Education & Awareness Month	
National Patient Safety Awareness Week	7-13
National Pulmonary Rehabilitation Week	7-13
World Kidney Day	10
Registered Dietitian Day	11
American Diabetes Alert Day	23
National Doctors Day	30

APRIL

National Alcohol Awareness Month	
National Cancer Control Month	
National Counseling Awareness Month	
National Donate Life Month	
National Minority Health and Health Disparities Month	
National Occupational Therapy Month	
National STDs/Family Planning Awareness Month	
Stress Awareness Month	
Medication Safety Week	1-7
National Public Health Week	5-10
National Volunteer Week	18-24
World Health Day	7
Administrative Professionals Day	21

MAY

Employee Health and Fitness Month	
Huntington's Disease Awareness Month	
National ALS Awareness Month	
National Arthritis Month	
National High Blood Pressure Education Month	
National Melanoma/Skin Cancer Awareness Month	
National Mental Health Month	
National Osteoporosis Month	
National Stroke Awareness Month	
Older Americans Month	
National Nurses Week	6-12
National Skilled Nursing Care Week	9-15
Women's Health Week	9-15
World Asthma Day	4
National Nurses Day	6
Melanoma Monday	3
World Red Cross/Red Crescent Day	8
World Lupus Day	10
World Autoimmune Arthritis Day	20
National Senior Health and Fitness Day	26

JUNE

Cataract Awareness Month	
International Childhood Cancer Awareness Month	
Men's Health Month	
Migraine Awareness Month	
Myasthenia Gravis Awareness Month	
National Aphasia Awareness Month	
National Home Safety Month	
National Safety Month	
National Scleroderma Awareness Month	
Men's Health Week	13-20
National Cancer Survivors Day	6
World Blood Donor Day	14
National HIV Testing Day	27

JULY

Eye Injury Prevention Month	
International Group B Strep Awareness Month	
UV Safety Month	
World Hepatitis Day	28
Medic Alert Awareness Month	
National Breastfeeding Month	
National Immunization Awareness Month	
Psoriasis Awareness Month	
National Health Center Week	8-14
National Safe at Home Week	23-27
Minority Donor Awareness Day	1
World Lung Cancer Day	21
Senior Citizens Day	21
Health Unit Coordinator Day	23

SEPTEMBER

Childhood Cancer Awareness Month	
Healthy Aging Month	
Leukemia and Lymphoma Awareness Month	
National Alcohol and Drug Addiction Recovery Month	
National Cholesterol Education Awareness Month	
National Food Safety Education Month	
National Menopause Awareness Month	

SEPTEMBER

National Ovarian Cancer Awareness Month	
National Pain Awareness Month	
Prostate Health Month	
Sickle Cell Disease Awareness Month	
World Alzheimer's Month	
National Assisted Living Week	12-18
National Rehabilitation Week	19-25
World Suicide Prevention Day	9
World Alzheimer's Day	21
National Women's Health and Fitness Day	29
Family Health and Fitness Day USA	25

OCTOBER

Children's Health Month	
Down Syndrome Awareness Month	
Healthy Lung Month	
Long-Term Care Planning Month	
National Breast Cancer Awareness Month	
National Chiropractic Month	
National Dental Hygiene Month	
National Liver Awareness Month	
National Physical Therapy Month	
Talk About Prescriptions Month	
Emergency Nurses Week	3-9
National Mental Illness Awareness Week	3-9
National Case Management Week	10-16
International Infection Prevention Week	17-23
National Health Education Week	17-23
National Respiratory Care Week	24-30
International Day of Older Persons	1
Emergency Nurses Day	10
World Mental Health Day	10
World Osteoporosis Day	20
World Stroke Day	29
Lung Health Day	27

NOVEMBER

American Diabetes Month	
Diabetic Eye Disease Month	
Great American Smokeout Month	
National Alzheimer's Disease Awareness Month	
National COPD Awareness Month	
National Epilepsy Awareness Month	
National Family Caregivers Month	
National Healthy Skin Month	
National Home Care and Hospice Month	
Pancreatic Cancer Awareness Month	
World Diabetes Day	14
Great American Smokeout	18
National Family Health History Day	25

DECEMBER

AIDS Awareness Month	
National Drunk and Drugged Driving Prevention Month	
National Handwashing Awareness Week	6-10
World AIDS Day	1
International Day of Persons with Disabilities	3
International Volunteer Day	5
National Influenza Vaccination Week	5-11

20XX PLANNING CALENDAR

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MONTHLY OBSERVANCES AIDS Awareness Month
National Drunk and Drugged Driving
Prevention Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 World AIDS Day National Handwashing Awareness Week	2	3 International Day of Persons with Disabilities	4	5 Volunteer Day
6 National Influenza Vaccination Week (NIVW)	7 Pearl Harbor Remembrance Day	8	9	10 Hanukkah (begins at sundown)	11	12
13	14	15	16	17	18	19
20	21 First Day of Winter	22	23	24 Christmas Eve	25 Christmas Day	26 Kwanzaa Begins
27	28	29	30	31 New Year's Eve	NOVEMBER 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	JANUARY 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

MONTHLY OBSERVANCES
Cervical Health Awareness Month

National Birth Defects Prevention Month
National Blood Donor Month

National Glaucoma Awareness Month
Thyroid Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DECEMBER 12 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	FEBRUARY 12 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28				1 New Year's Day	2
3	4	5	6	7	8	9
10	11	12 National Pharmacist Day	13	14	15	16
17 National Activity Professionals Week National Healthy Weight Week	18 Martin Luther King, Jr. Day	19	20	21	22	23
24 National Nurse Anesthetists Week	25 National IV Nurse Day National Medical Group Practice Week	26	27	28 Women's Healthy Weight Day	29	30
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